



2006 Annual Report

THE MISSION of Jamestown New Horizons is to promote the health and quality of life for people with disabilities through equine-assisted therapy.

BOARD MEMBERS

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Nat'l. Life & Accident Insurance Co. (retired)

STAFF

Lynn Werner – Executive Director/Treasurer

Bonnie Grueninger – Program Director

ACCOUNTING FIRM

Sharamitaro & Associates, P.C.

WEB & E-MAIL ADDRESSES:

website: www.jnh-goneriding.org
e-mail: jnhgoneriding@charter.net

PLB Partially funded by the
Productive Living Board

Jamestown New Horizons, a special combination of disabled riders, dedicated volunteers, experienced instructors and gentle horses, was founded in 1985 for the sole purpose of providing therapeutic/recreational horseback riding lessons for children and adults with intellectual, physical and emotional disabilities. From the first of March to mid-December the riders gather four days a week on 20 acres of rolling hills in North County for riding lessons designed to help them “sit up tall.”

During 2006, Jamestown New Horizons, a not-for-profit corporation, served 76 people with disabilities throughout the St. Louis metropolitan area. Major arteries (i.e., Hwy. 270, 170, 367 and 67) provide easy access to Jamestown New Horizons. The program was made available to persons without regard to sex, race, color, creed or national origin. The students at Jamestown New Horizons come from a variety of backgrounds. Some were born with disabilities. Others became disabled through an unfortunate accident or illness.

The Jamestown New Horizons therapeutic riding program enables people with disabilities to acquire and/or maintain residential living skills that support them in their home and community. While riding in different positions (sitting or lying forwards, backwards or sideways), students are taken through a complex series of movements that consciously and unconsciously uses all the body's muscles, stimulating cardiovascular conditioning. The horse's movement, combined with exercises, promotes body awareness and vestibular stimulation, while affecting balance, strength and postural control. Stronger arms and legs, improved balance and greater physical endurance positively affect a person's general ability to get out of the bathtub or car, perform household chores, avoid falls and be less dependent on others. Lesson activities foster increased socialization skills and the development of the person's self-responsibility, initiative-taking and making choices. Evaluation measures included: balance, coordination, postural control, muscle strength, flexibility, then further evaluation noting social and learned behaviors such as interaction with riders/instructors, instruction/repetition, vocabulary, comprehension, discipline and responsibility.

Jamestown New Horizons is primarily a volunteer organization, allowing the program to provide quality services while maximizing use of funds. Individualized service is provided by the five JNH riding instructors (who have been with the program since inception), a physical therapist, an occupational therapist and 65 volunteers – nurses, teachers, business-persons and St. Louis University students majoring in physical therapy and occupational therapy. During 2006, the JNH volunteers worked 3,318 hours, serving as horse leaders and side-walkers to ensure safety and convey the instructors' directions.

All of the members of the Jamestown New Horizons Board of Directors actively participate in JNH's fund raising events. In addition, some of them work directly with the students during lessons 9 months of the year. Three members have worked directly with the students since 1985. The JNH horses make the program unique. The beneficial complex variations of the six-fold swinging motion of the horse's back cannot be duplicated in clinics or hospitals. Horses give people with disabilities a sense of freedom from wheelchairs, walkers and crutches and a sense of empowerment that few other activities afford.

JNH has continued to receive funding from the Missouri Foundation for Health. JNH held its 9th Annual Good Luck Golf Classic at the Bear Creek Golf Club in Wentzville. Jamestown New Horizons has continued to fulfill the requirements of the Productive Living Board's Quality Enhancement program for health and safety protocols, staff competencies, skill assessment, consumer satisfaction and financial viability. Jamestown New Horizons is committed to providing quality services for the JNH riders to promote health and quality of life. ☺

2006 BOARD MEETINGS

February 28, 2006

Jamestown New Horizons, 15350 Old Jamestown Rd., Florissant, MO 63034

May 30, 2006 – cancelled

Marketing Horizons, 1001 Craig Rd., Suite 100, St. Louis, MO 63146

October 21, 2006

Machinists Hall, 12365 St. Charles Rock Rd., Bridgeton, MO 63044

December 12, 2006

Jamestown New Horizons

STATEMENTS OF FINANCIAL POSITION – December 31, 2006 and 2005

	2006	2005
<u>ASSETS</u>		
Current Assets:		
Cash	\$ 108,203	\$ 73,068
Accounts receivable	–	22,790
Grant receivable, restricted	31,223	50,945
Inventories	2,021	1,917
Prepaid expenses	3,094	3,151
Total current assets	144,541	151,871
Grant Receivable, Restricted	–	24,750
Fixed Assets – Net	180,100	194,024
Other Assets:		
Intangible asset – net	613	640
Total assets	<u>\$ 325,254</u>	<u>\$ 371,285</u>
<u>LIABILITIES AND NET ASSETS</u>		
Current Liabilities;		
Accounts payable and accrued expenses	\$ 2,145	\$ 1,348
Net Assets:		
Unrestricted	291,886	294,242
Temporarily restricted	31,223	75,695
Total net assets	323,109	369,937
Total liabilities and net assets	<u>\$ 325,254</u>	<u>\$ 371,285</u>

STATEMENTS OF FUNCTIONAL EXPENSES – Years Ended December 31, 2006 and 2005

	Program Services		Supporting Services		Total	
	Therapeutic Horseback Riding		General and Administrative	Fund Raising	2006	2005
Salaries	\$ 33,078		\$ 7,884	\$ –	\$ 40,962	\$ 44,764
Payroll taxes	2,530		579	–	3,109	3,398
Health insurance	806		–	–	806	853
Professional services	15,060		2,210	–	17,270	18,770
Depreciation and amortization	13,599		1,857	317	15,773	15,628
Dues and licenses	95		–	–	95	55
Insurance	4,628		–	–	4,628	3,943
Lesson expense	75,344		–	–	75,344	73,200
Miscellaneous expense	–		301	95	396	571
Outside services	1,370		–	315	1,685	–
Postage	213		–	213	426	1,235
Printing expense	47		–	47	94	–
Promotional expense	–		–	2,467	2,467	57
Repairs and maintenance	211		216	–	427	2,006
Supplies	359		628	628	1,615	2,730
Telephone	616		–	615	1,231	1,274
Training expense	1,421		–	–	1,421	1,678
Utilities	928		–	–	928	656
	<u>\$ 150,305</u>		<u>\$ 13,675</u>	<u>\$ 4,697</u>	<u>\$ 168,677</u>	<u>\$ 170,818</u>

STATEMENTS OF CASH FLOWS – Years Ended December 31, 2006 and 2005

	2006	2005
Cash Flows from Operating Activities:		
Change in net assets	\$ (46,828)	\$ 47,862
Adjustments to reconcile change in net assets to net cash provided by (applied to) operating activities:		
Depreciation and amortization	15,773	15,628
Non-cash donations included in support	(1,200)	(4,000)
(Increase) decrease in accounts receivable	22,790	(16,118)
(Increase) decrease in inventories	(104)	(137)
(Increase) decrease in prepaids	57	(104)
Increase (decrease) in accounts payable and accrued expenses	797	(548)
Changes in restricted net assets:		
Grant	44,472	(46,681)
Net cash provided by (applied to) operating activities	<u>35,757</u>	<u>(4,098)</u>
Cash Flows from Investing Activities:		
Purchase of equipment	(622)	(7,274)
Net Increase (Decrease) in Cash	35,135	(11,372)
Cash - Beginning of Year	73,068	84,440
Cash - End of Year	<u>\$ 108,203</u>	<u>\$ 73,068</u>
Non-cash Investing Activities:		
Contribution of Equipment	<u>\$ 1,200</u>	<u>\$ 4,000</u>

STATEMENTS OF ACTIVITIES AND CHANGES IN NET ASSETS – Years Ended December 31, 2006 and 2005

	<u>2006</u>	<u>2005</u>
<u>CHANGES IN UNRESTRICTED NET ASSETS:</u>		
Support:		
Grants	\$ 24,640	\$ 28,214
Contributions	<u>37,141</u>	<u>47,325</u>
Total support	<u>61,781</u>	<u>75,539</u>
Revenues:		
Tuition and fees	20,363	19,423
Interest income	80	78
Special events income (net of direct expenses of \$16,820 in 2006 and \$8,412 in 2005)	39,310	32,920
Miscellaneous	<u>315</u>	<u>720</u>
Total revenues	<u>60,068</u>	<u>53,141</u>
Assets released from restriction	<u>44,472</u>	<u>43,319</u>
Total support and revenues	<u>166,321</u>	<u>171,999</u>
Expenses:		
Program services	150,305	141,290
General and administrative	13,675	26,787
Fund raising	<u>4,697</u>	<u>2,741</u>
Total expenses	<u>168,677</u>	<u>170,818</u>
Change in Unrestricted Net Assets	<u>(2,356)</u>	<u>1,181</u>
 <u>CHANGES IN TEMPORARILY RESTRICTED NET ASSETS:</u>		
Support - Grant	–	90,000
Assets released from restriction	<u>(44,472)</u>	<u>(43,319)</u>
Change in Temporarily Restricted Net Assets	<u>(44,472)</u>	<u>46,681</u>
Change in Net Assets	(46,828)	47,862
Net Assets, Beginning of Year	<u>369,937</u>	<u>322,075</u>
Net Assets, End of Year	<u>\$ 323,109</u>	<u>\$ 369,937</u>